



BEACHCOMBER  
RESORTS & HOTELS



THEMATIC FACTSHEET

## SPORTS & LEISURE

**01/11/2023 - 31/10/2024 (€)**

All information & rates in this document are subject to change.



## WATER SPORTS

All information and rates in this document are subject to change.

Gentle, inviting waters make Mauritius a perfect destination for water activities. All Beachcomber Resorts & Hotels offer the same standards of free water sports and facilities including unlimited sailing, windsurfing, water-skiing, snorkelling, kayaks, glass-bottom boats and pedal boats.



	<b>Royal Palm</b> Beachcomber	<b>Dinarobin</b> Beachcomber	<b>Paradis</b> Beachcomber	<b>TAB</b> Beachcomber 9 a.m. - 5 p.m 9.30 a.m. 5.30 p.m	<b>Shandrani</b> Beachcomber	<b>Victoria</b> Beachcomber	<b>Canonnier</b> Beachcomber	<b>Mauricia</b> Beachcomber
<b>Boat House opening hours</b>								
<b>Winter hours</b> (Apr-Sep)	◀							▶
<b>Summer hours</b> (Oct-Mar)	◀							▶
<b>Free activities</b>								
Optimists	yes	-	-	-	-	-	-	-
Lasers	-	yes*	yes	yes	-	yes	yes	yes
Hobie cats	yes	yes*	yes	yes	yes	-	-	-
Sailing	yes	yes*	yes	yes	yes	yes	yes	yes
Windsurfing	yes	yes*	yes	yes	yes	yes	yes	yes
Kayaks	yes	yes*	yes	yes	yes	yes	yes	yes
Pedal boats	yes	yes*	yes	yes	yes	yes	yes	yes
Stand-up paddles	yes	yes*	yes	yes	-	yes	yes	yes
Water skiing	yes	yes*	yes	yes	yes	yes	yes	yes
Wakeboarding	yes	yes*	yes	yes	yes	yes	yes	yes
Glass bottom boats	yes	yes*	yes	yes	yes	yes	yes	yes
Snorkelling	yes	yes*	yes	yes	yes	yes	yes	yes

*Signature Outing - During snorkelling and glass bottom boat outings, guests can discover and learn about the marine and coastal ecosystems of Mauritius.*

Royal Palm Beachcomber	Dinarobin Beachcomber	Paradis Beachcomber	TAB Beachcomber	Shandrani Beachcomber	Victoria Beachcomber	Canonnier Beachcomber	Mauricia Beachcomber
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## COACHING with supplement - €

### Swimming

Private lessons*	-	-	yes	yes	-	-	-
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### Windsurfing

Instructor(s)	yes	yes**	-	yes	yes	yes	yes	yes
Free Collective lessons	-	yes**	yes	yes	yes	yes	yes	yes
Free Initiation	yes	-	-	-	-	-	-	-
Private lessons*	-	yes**	yes	-	yes	-	-	-

### Sailing

Instructors(s)	yes	yes**	yes	yes	yes	yes	yes	yes
Free Collective lessons	-	yes**	-	yes	yes	yes	yes	yes
Free Initiation	yes	-	-	-	-	-	-	-
Private lessons*	-	yes**	yes	-	yes	-	-	-

### Water-skiing

Instructors(s)	yes	yes**	yes	yes	yes	yes	yes	yes
Private lessons*	-	-	-	yes	yes***	-	-	-
Water skii Academy	-	-	-	-	yes****	-	-	-

### Other proposed activities

Kitesurfing	on request	on request	on request	on request	-	-	-	-
Offshore speed boat – per hour (€)	on request	245*****	150	245*****	150	-	-	-

### Diving

Signature Dive – As part of our Diving activities guests are invited to participate in:

- Beautiful Discovery – for beginners

- Beautiful Dive – to discover and encounter Five Beautiful fish

*For more information and rates please refer to the Diving factsheet*

### SAFETY RULES for Water Sports

- Life jacket is required to practice any activity
- Minimum age to practice water Ski and wakeboarding is 8 yrs as per legal requirement.
- Security boats are on permanent alert during boat houses' opening hours.

**N.B. Deep-sea fishing enquiries and bookings through your ground handler.**

Time table for these activities may vary according to tides

\* For more information and rates on private lessons please refer to the 'COACHING' section of this document.

\*\* Available at Paradis

\*\*\* From 12.30 p.m. to 2 p.m.

\*\*\*\* Water-Ski Academy

- Theoretical and practical sessions by professional water-ski instructors.

- Courses: Two sessions of 30mins per day for 4 days.

- High-end equipment from recognized brands.

- Educational content provided

- Certificate awarded at the end of the 4-day course.

- Price: € 270 for 8 sessions of 30mins per person.

- Courses schedule: From 7 a.m to 08.30 a.m. & from 12.30 p.m to 01.30 p.m, from 04.30 p.m to 5.30 p.m.

\*\*\*\*\* For a minimum of 2 hours



## LAND SPORTS

All information and rates in this document are subject to changes.

All Beachcomber Resorts & Hotels offer the same standards of free land sports. From volley-ball to soccer, to bocceball and tennis, there is something for everyone looking for active holidays.



	Royal Palm	Dinarobin	Paradis	TAB	Shandrani	Victoria	Canonier	Mauricia
	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber
<b>Free Activities</b>								
Tennis*								
Number of courts (floodlit)	3	3	6	6	6	3	3	3
- Hard	-	-	5	4	6	3	3	3
- Artificial grass (astro turf at Royal Palm & Dinarobin)	3	3	1	2	-	-	-	-
Facilities : - Rackets	Free of charge							
- 4 Balls (for sale) (€)	Free of charge	12	12	12	12	12	12	12
Free group lessons adults	yes	yes	yes	-	yes	-	-	-
Free group lessons kids	-	-	-	yes	-	yes	-	yes
Tennis Fitness	-	-	-	-	-	yes	-	-
Signature activity - Tennis Beachcomber Discovery – free initiation, learn the game and hit the ball within 1 hour								
Individual lessons on reservation**	yes	yes	yes	yes	yes	yes	-	yes
Table tennis	yes	yes	yes	yes	yes	yes	yes	yes
Tennis volley	-	-	-	-	yes	yes	-	yes
Volley ball	-	-	-	-	-	yes	yes	-
Squash	yes	-	-	-	-	-	-	-
Football	yes	yes	yes	-	yes	yes	-	-
Bocciball	yes	yes	yes	yes	yes	yes	yes	yes
Speedminton	-	on request	-	yes	-	-	-	-
Badminton	-	-	-	-	yes	yes***	-	-
Beach volley	-	yes	yes	yes	yes	yes	-	yes
Mini golf	-	-	-	yes	-	yes	yes	-

\* Dress code: Players should wear shorts, t-shirts or polos and sports shoes with socks

\*\* For more information and rates on private lessons please refer to the 'COACHING' section of this document.

\*\*\* Badminton on the beach



<b>Other Land Sports (with supplement - €)</b>	<b>Royal Palm</b>	<b>Dinarobin</b>	<b>Paradis</b>	<b>TAB</b>	<b>Shandrani</b>	<b>Victoria</b>	<b>Canonnier</b>	<b>Mauricia</b>
	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber
Nature walk	-	on request*	on request*	-	free	-	-	-
Power walk	-	-	free**	-	-	free**	-	-
Hiking	-	-	-	-	on request	-	-	-
Horse riding	-	on request	on request	on request	-	-	-	-
<b>Biking *** (€)</b>								
Bike rental (€)	free	yes	yes	yes	yes	yes	yes	yes
Guided bike tour (€) - Group tour ****	-	yes	yes	yes	yes	-	-	-

**Beachcomber Sport & Nature (BSN) available at Shandrani (on request)**

Driving time from Royal Palm, Canonnier, Mauricia, Trou aux Biches, Paradis, Dinarobin and Victoria: 1 hour

**Prices (per person)**

1/2 day bicycle excursion at Ile aux Aigrettes (Not exclusive) - To and from Mahebourg and ferry boat (to and from the island)	40
1/2 day bicycle excursions (Not exclusive)	15

**SAFETY RULES for Land Sports**

- For biking: Helmet and protective net will be provided

\* Free activity at the foot of Le Morne mountain.

\*\* On request. *Paradis Beachcomber* (Along jogging track between Paradis Beachcomber & Dinarobin Beachcomber)

\*\*\* For more information and rates on Bike rental and Guided bike tour please refer to the 'COACHING' section of this document.

\*\*\*\* Within hotel premises.



## FITNESS

All information and rates in this document are subject to changes.

Our fully appointed Fitness Centres will help you keep fit during your holidays with up-to-date equipment and professional instruction.



	Royal Palm Beachcomber	Dinarobin Beachcomber	Paradis Beachcomber	TAB Beachcomber	Shandrani Beachcomber	Victoria Beachcomber	Canonnier Beachcomber	Mauricia Beachcomber
Fitness centre on the premises	yes	yes	yes*	yes*	yes	yes	yes	yes
Opening hours: -	◀				7.30 a.m. - 7.30 p.m.			▶
Instructor (s)	yes	yes	yes	yes	yes	yes	yes	-
Private coaching**	yes	yes	yes	yes	-	yes	yes	-
Personal training Pilates - per hour (€)	74	-	50***	-	-	-	-	-

### FREE CLASSES

#### ACTIVE - Art of Movement

<i>Toning</i>								
Beachcomber Sunrise	yes	yes	yes	yes	yes	yes	yes	-
ABS/BUNS	yes	yes	yes	yes	yes	yes	yes	-
Aerobics	yes	yes	yes	-	-	-	-	-
Body shape	yes	-	yes	yes	-	-	-	-
Body sculpt	-	-	yes	yes	yes	-	-	-
Body pump	-	-	yes	-	-	-	-	-
Stability ball	-	yes	yes	yes	-	-	-	-
Machine & weight training	yes	yes	yes	yes	-	yes	yes	-
Power plate	yes	-	-	-	-	-	-	-
<i>Cardio</i>								
Aqua gym	yes	yes	yes	yes	yes	yes	yes	yes
Aqua zumba	-	-	yes	yes	-	yes	-	-
Body max	-	-	-	-	-	yes	-	-
Circuit training	yes	yes	yes	yes	-	yes	-	-
Spinning	-	-	yes	yes	-	yes****	-	-
Cardio training	yes	yes	yes	yes	-	yes	yes	-
Hiit Cardio	-	-	-	yes	-	yes*****	-	-
Step	-	-	yes	yes	-	-	-	-
<i>Dance</i>								
Zumba	yes	-	yes	yes	-	on request	-	-
Fit Dance	-	-	-	-	-	yes	-	-
ZEN - Art of Balance								
Body balance	-	-	-	-	-	-	-	-
Stretching	-	yes	yes	yes	yes	yes	yes	-

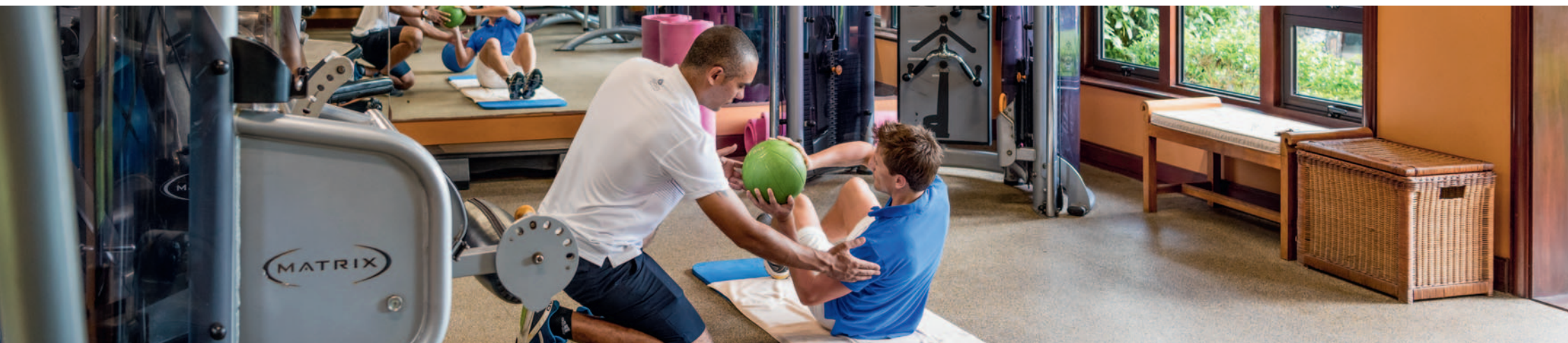
\* Fitness, cardio room and body-building room by **Technogym** - Paradis & Dinarobin Beachcomber.  
Cardio room by **Technogym** - Trou aux Biches Beachcomber

\*\* For more information and rates on Private coaching please refer to the 'COACHING' section of this document.

\*\*\* Matwork only

\*\*\*\* Once a week

\*\*\*\*\* Outside session with supplement



	Royal Palm	Dinarobin	Paradis	TAB	Shandrani	Victoria	Canonnier	Mauricia
	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber
<b>Paying courses per person (€):</b>								
Aqua gym	63	-	-	-	-	-	-	-
Spinning	-	-	-	-	-	15	-	-
Body weight workout	-	-	-	32	-	Free	-	-
Power Plate	-	-	-	-	-	-	-	-
Multi-function	58 (1hr)	-	-	-	-	-	-	-
Body Balance	63*	-	-	-	-	-	-	-
Vibro Training	-	20 (30min)	-	-	-	-	-	-
Tai Chi	-	-	-	65	-	-	-	-
Smart stretch	-	25	-	-	-	-	-	-
Pilates Mat & Ball	-	-	64	-	-	-	-	-
<b>Free facilities:</b>								
Sauna	Free	N/A	N/A	N/A	N/A	Free	Free	Free
Hammam	Free	Free	Free	Free	N/A	Free	Free	Free
Jogging	-	yes	yes	-	-	on request	-	-

\* Collective 50 per person

## COACHING Water Sports

LESSONS		DURATION	PRICE / LESSON							
BOATHOUSE			Royal Palm	Dinarobin	Paradis	TAB	Shandrani	Victoria	Canonnier	Mauricia
Paying courses (€):			Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber
Swimming	Individual	30 min	-	-	20	20	-	-	-	-
		60 min	53	-	-	-	-	-	-	-
Sailing / Windsurfing	Individual	45 min	-	20	20	-	18	-	-	-
		60 min	-	24	24	-	22	-	-	-
Water skiing	Individual	30 min	-	-	-	81	77	-	-	-
Swimming	Package	Over 3 days - 30 min	-	-	53	-	-	-	-	-
		Over 5 days - 30 min	-	-	84	-	-	-	-	-
Sailing / Windsurfing	Package	Over 3 days - 60 min	-	64	64	-	-	-	-	-
		Over 5 days - 60 min	-	103	103	-	-	-	-	-
Water skiing	Package	Over 3 days - 30 min	-	-	-	220	209	-	-	-
		Over 5 days - 30 min	-	-	-	345	328	-	-	-

## Land Sports

LESSONS		DURATION	PRICE / LESSON							
TENNIS			Royal Palm	Dinarobin	Paradis	TAB	Shandrani	Victoria	Canonnier	Mauricia
Paying courses (€):			Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber
Tennis Beachcomber Discovery	Max group of 6	60 min	-	Free Initiation	Free Initiation	Free Initiation	Free Initiation	-	-	-
	One to One	30 min	44	33	33	33	22	22	-	22
Tennis Private Lessons	One to One	60 min	74	55	55	55	37	37	-	37
	One to One	90 min	99	66	66	66	53	53	-	53
Play with the Head Coach \ Sparing Partner	One to One	60 min	44	37	37	37	26	26	-	26
Tennis	Package	Over 3 days - 60 min	-	150	150	150	-	101	-	101
		Over 5 days - 60 min	-	233	233	233	158	158	-	158

### BIKING

Bike Rental	Individual	120 min	Free	9	9	9	4	4	4	4
		300 min (half day)	Free	15	15	15	9	9	9	9
	Package	Over 3 days	-	42	42	42	-	24	24	24
		Over 5 days	-	66	66	66	-	37	37	37

NB: This document provides a guideline for Coaching Rates at Beachcomber Resorts & Hotels.

All rates are subject to change.

## COACHING Land Sports

LESSONS		DURATION	PRICE / LESSON							
FITNESS			Royal Palm	Dinarobin	Paradis	TAB	Shandrani	Victoria	Canonnier	Mauricia
Paying courses (€):			Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber
Private Coaching	One to One	30 min	42	26	26	26	-	22	22	-
	One to One	60 min	63	44	44	44	-	35	35	-
	One to Two	60 min	95	55	55	55	-	48	48	-
	Package	Over 3 days - 60 min	-	119	119	119	-	95	95	-
		Over 5 days - 60 min	-	187	187	187	-	150	150	-

ACTIVITIES		DURATION	PRICE / LESSON (PER PERSON)							
BIKING			Royal Palm	Dinarobin	Paradis	TAB	Shandrani	Victoria	Canonnier	Mauricia
Paying courses (€):			Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber	Beachcomber
Guided Bike Tour	Group Tour	90 - 150 min	-	13	13	13	11	-	-	-
		180 - 240 min	74	18	18	18	13	-	-	-
Group Classes	4 - 10 pax (depending on size of area)	45 - 60 min	-	22	22	22	11	11	11	-

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